

95% of children enjoyed learning outside more than inside

94% of children felt more connected to nature after learning outside

93% of children showed improved social skills after learning outside

92% of children engaged more with their learning outside than inside

57% increase in children's attainment after outdoor learning

85% of children showed improved behaviour after learning outside

92% of children reported an increase in wellbeing after learning outside

13% of parents feel confident with their child playing outside

20% of children don't play outside at all on an average day

74% of children spend less time outdoors than prisoners

20% of KS2 children are categorised as 'obese'

37% of children leave primary school at an 'unhealthy weight'

16% of children have a vitamin D deficiency

25% of children spend less than 30 minutes outside a week (out of school)

79% of teachers reported positive impacts on their teaching practice from teaching outdoors

37% of children have never seen a fruit or vegetable growing

88% of children say spending time in nature makes them feel very happy

13% of US children are on Ritalin for ADHD

37% of children actively notice nature when spending time outside

69% of teachers reported increased job satisfaction when teaching outdoors

References:

[National Connections Demonstration project](#)

[The Children's People & Nature Survey 2023](#)

[Natural England: Children & Nature Programme](#)